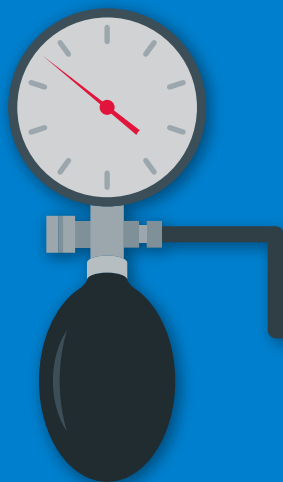
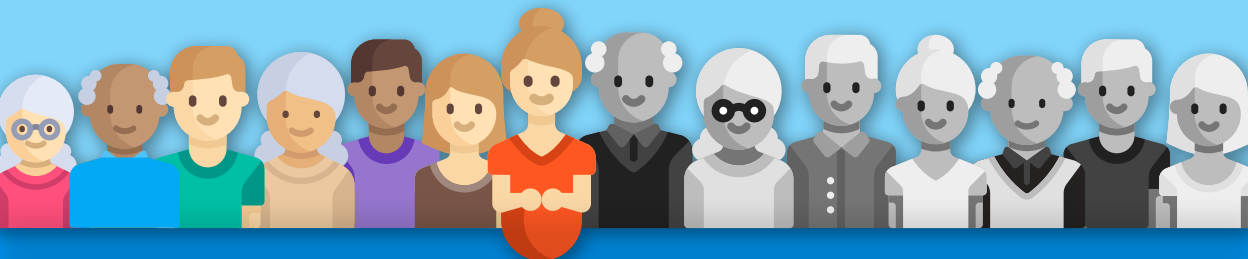


# 130/80 Is the New 140/90

Nearly half of U.S. adults are now considered to have high blood pressure.



In November, 2017 the American College of Cardiology revised the recommended blood pressure level from **140/90** to **130/80**, placing millions more Americans in the high blood pressure category.