Women's Preventive Health Screening Timeline

AmeriHealth Caritas
Care is the heart of our work

AGE

0 10 20 30 40 50 60 70 80

PAP TEST

Between ages 21 and 65, get a Pap test every 3 years.

DIABETES

At ages 45 or older, ask your PCP to test you.

HEART DISEASE

Between ages 45 and 79, ask your PCP if you should take aspirin every day to help lower your risk of heart attack.

MAMMOGRAM

Between ages 45 and 54, get a screening every 1 to 2 years.

COLORECTAL CANCER

Between ages 50 and 75, get tested for colorectal cancer.

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