

ABCs of Advocacy

It's normal to have questions about your care. Here are ways you can lead the conversation with your doctor during your visits.



A Ask questions.

B Be assertive and bring a partner.

C Communicate your concerns.

D Detail notes from each appointment.
Don't hesitate to get a second opinion.



Possible questions

- 1** What are some other options?
- 2** Will my insurance cover this medicine?
- 3** What is the reasoning behind your recommendation?
- 4** Why is this course of action necessary or important?
- 5** What are next steps?